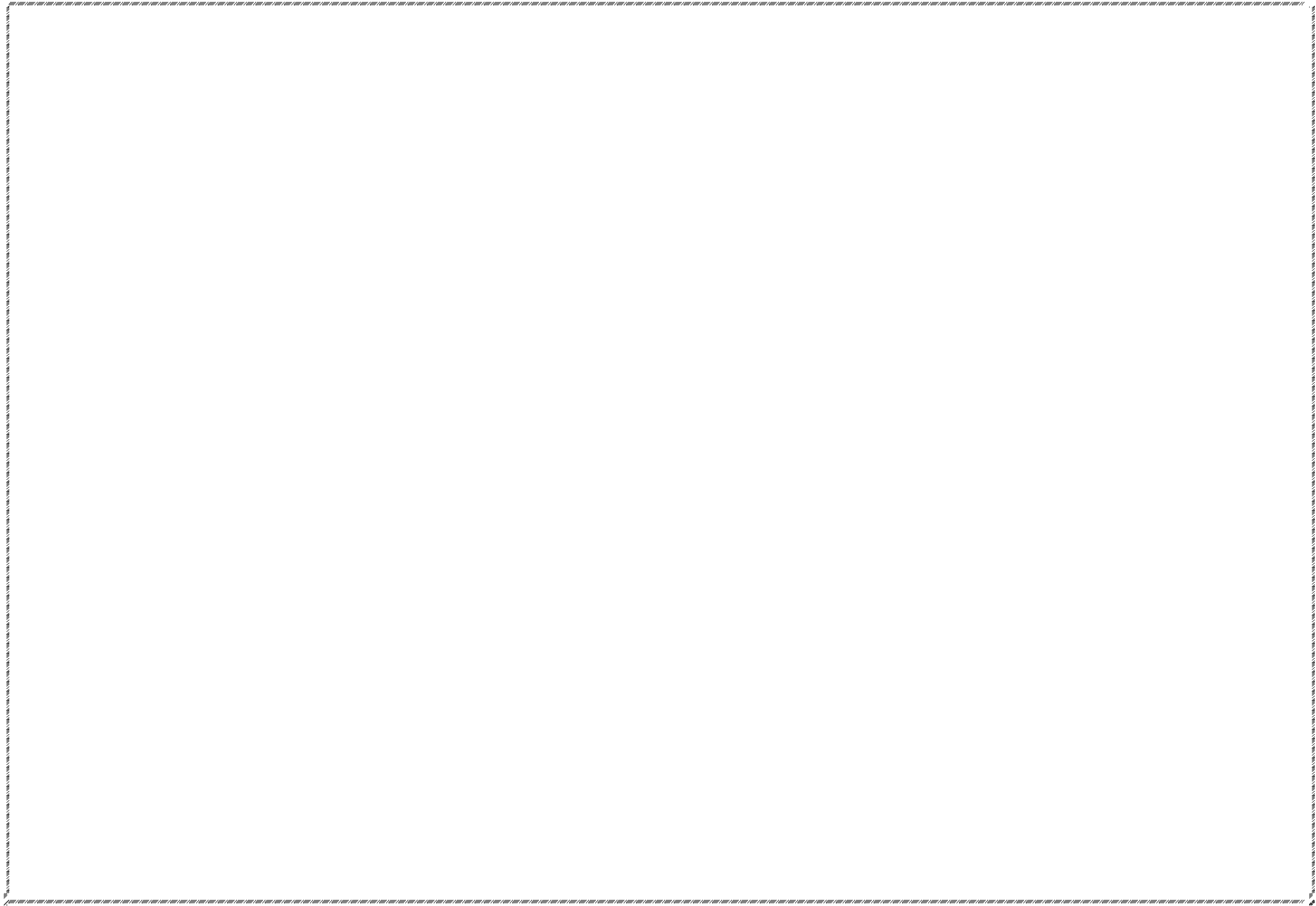




**ANNUAL CURRICULUM OF
CHILD CARE CENTRE**

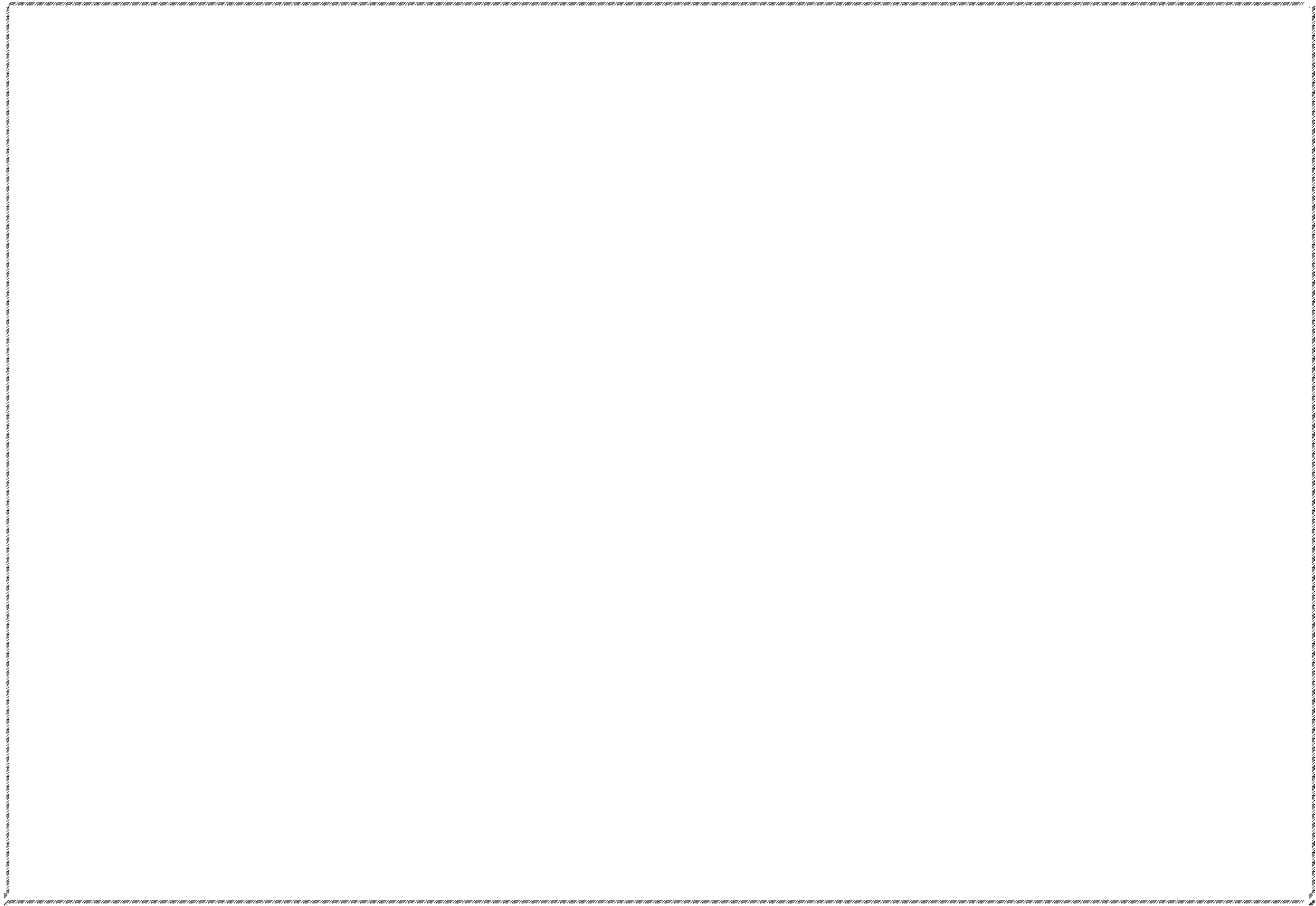




ANNUAL CURRICULUM OF CHILD CARE CENTRE



**National Institute of Public Cooperation and Child Development
5, Siri Institutional Area, HauzKhas, New Delhi-110016**



THEME 1: ME AND MYSELF

- Self-Identification- Name, Gender & Home Address
- My Body Parts
- My Daily Routine
- My Likes & Dislikes
- Food – My likes & Dislikes
- My Belongings
- My Playmates
- My Parents

Discussion: Who am I (name, age)? Where do they live (village or city name)? What is my gender? Information about their body: name of body parts, their functions, constituents of our body (muscle, bone, blood and water etc.)

Theme: Me and Myself- Schedule of Activities

DAYS	Activity I (9:30 a.m. to 10:00 a.m.)	Activity II (10:00 a.m. to 10:30 a.m.)	Activity III (10:20 a.m. to 10:50 a.m.)	Break 10 Min	Activity IV (11:00 a.m. to 11:30 a.m.)	Break half an hour (11:30 a.m. to 12:00 noon)	Activity V (12:00 noon. to 12:30 p.m.)
Day 1	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>SHAREER KE ANG</i> (Refer Booklet I page no. 7)	Games: THROW AND CATCH	Water/ Toilet Break	Balloon blowing and bursting	Lunch	Winding up, getting ready to go home

Day 2	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: CLAP-CLAP-CLAP <i>(Refer Booklet I page no. 11)</i>	Games: MUSICAL CHAIR	Water/ Toilet Break	Hand printing	Lunch	Winding up, getting ready to go home
Day 3	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: DAILY ROUTINE <i>(Refer Booklet I page no. 12)</i>	Games: JUMP UPON ROPE	Water/ Toilet Break	Free hand drawing	Lunch	Winding up, getting ready to go home
Day 4	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: CLAP-CLAP-CLAP <i>(Refer Booklet I page no. 11)</i>	Games: Free Activities like Clapping, jumping, dancing	Water/ Toilet Break	Foot printing	Lunch	Winding up, getting ready to go home
Day 5	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: UNCH NEECH	Water/ Toilet Break	Balloon blowing and bursting	Lunch	Winding up, getting ready to go home
Day 6	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: SHAREER KE ANG <i>(Refer Booklet I page no. 7)</i>	Games: JUMP UPON ROPE	Water/ Toilet Break	Foot printing	Lunch	Winding up, getting ready to go home
Day 7	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: CLAP-CLAP-CLAP <i>(Refer Booklet I page no. 11)</i>	Games: Free Activities like Clapping, jumping, dancing	Water/ Toilet Break	Hand printing	Lunch	Winding up, getting ready to go home

Day 8	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: DAILY ROUTINE <i>(Refer Booklet I page no. 12)</i>	Games: THROW AND CATCH	Water/ Toilet Break	Free hand drawing	Lunch	Winding up, getting ready to go home
Day 9	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: MERE KAPDE <i>(Refer Booklet I page no. 16)</i>	Games: TUG OF WAR	Water/ Toilet Break	Foot printing	Lunch	Winding up, getting ready to go home
Day 10	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: UNCH NEECH	Water/ Toilet Break	Balloon blowing and bursting	Lunch	Winding up, getting ready to go home
Day 11	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: SHAREER KE ANG <i>(Refer Booklet I page no. 7)</i>	Games: JUMP UPON ROPE	Water/ Toilet Break	Balloon blowing and bursting Story telling:	Lunch	Winding up, getting ready to go home
Day 12	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: CLAP-CLAP-CLAP <i>(Refer Booklet I page no. 11)</i>	Games: Free Activities like Clapping, jumping, dancing	Water/ Toilet Break	Hand printing Videos: Action Rhymes	Lunch	Winding up, getting ready to go home
Day 13	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: DAILY ROUTINE <i>(Refer Booklet I page no. 12)</i>	Games: THROW AND CATCH	Water/ Toilet Break	Free hand drawing Story telling: MERA PALANG <i>(Refer Booklet II page no. 7)</i>	Lunch	Winding up, getting ready to go home

Day 14	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>MERE KAPDE</i> (Refer Booklet I page no. 16)	Games: TUG OF WAR	Water/ Toilet Break	Foot printing Videos: <i>DADI MAA KI KAHANIYAAN</i>	Lunch	Winding up, getting ready to go home
Day 15	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: UNCH NEECH	Water/ Toilet Break	Balloon blowing and bursting <i>PAVAN KYO KHOYA?</i> (Refer Booklet II page no. 10)	Lunch	Winding up, getting ready to go home
Day 16	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>SHAREER KE ANG</i> (Refer Booklet I page no. 7)	Games: JUMP UPON ROPE	Water/ Toilet Break	Blowing the balloon Story telling: <i>MERA PALANG</i> (Refer Booklet II page no. 7)	Lunch	Winding up, getting ready to go home
Day 17	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: JACK AND JILL (Refer Booklet I page no. 21)	Games: Free Activities like Clapping, jumping, dancing	Water/ Toilet Break	Hand printing	Lunch	Winding up, getting ready to go home
Day 18	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: DAILY ROUTINE (Refer Booklet I page no. 12)	Games: THROW AND CATCH	Water/ Toilet Break	Free hand drawing Story telling: <i>RAJU KI KAHANI</i> (Refer Booklet II page no. 8)	Lunch	Winding up, getting ready to go home

Day 19	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: TWO LITTLE <i>(Refer Booklet I page no. 15)</i>	Games: TUG OF WAR	Water/ Toilet Break	Foot printing Animated videos: KRISHNA	Lunch	Winding up, getting ready to go home
Day 20	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: UNCH NEECH	Water/ Toilet Break	Story telling: PAVAN KYO KHOYA? <i>(Refer Booklet II page no. 10)</i>	Lunch	Winding up, getting ready to go home

THEME 2: MY FAMILY AND MY SURROUNDINGS

- Name & number of family members
- My playmates and friends – their names
- Names of paternal relations and interactions with them
- Names of maternal relations and interactions with them
- Introducing neighbourhood – garden, school, market, temple

Discussion: Who is in your family? Talk on family members: Mother, father, brother, sister, grandfather, grandmother etc. Family members, their name and relationship with the child.

Feelings: happy, fear, sad etc. (What is the importance of feelings)

Expressions (talk about children's expressions, show faces of different expressions)

Theme: My Family and My Surroundings- Schedule of Activities

DAYS	Activity I (9:30 a.m. to 10:00 a.m.)	Activity II (10:00 a.m. to 10:30 a.m.)	Activity III (10:30 a.m. to 10:50 a.m.)	Break 10 Min	Activity IV (11:00 a.m. to 11:30 a.m.)	Break half an hour (11:30 a.m. to 12:00 noon)	Activity V (12:00 noon. to 12:30 p.m.)
Day 1	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: EARLY TO BED (Refer Booklet I page no. 14) Red-Colour	Games: <i>POSHAMPA</i>	Water/ Toilet Break	Tearing Story telling: <i>NATKHAT TINU</i> (Refer Booklet II page no. 11)	Lunch	Winding up, getting ready to go home

Day 2	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>MERE PAPA</i> (Refer Booklet I page no.17)	Games: MUSICAL CHAIR	Water/ Toilet Break	Pasting Videos: Action Rhymes	Lunch	Winding up, getting ready to go home
Day 3	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: ARE YOU SLEEPING? (Refer Booklet I page no. 19)	Games: <i>UNCH NEECH</i>	Water/ Toilet Break	Beading Story telling: <i>PAVAN KYO KHOYA?</i> (Refer Booklet II page no.10)	Lunch	Winding up, getting ready to go home
Day 4	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>DADA -DADI</i> (Refer Booklet I page no.18)	Games: THROW AND CATCH	Water/ Toilet Break	Block making Story telling: Videos: <i>DADI MAA KI KAHANIYAAN</i>	Lunch	Winding up, getting ready to go home
Day 5	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: GIVE AND TAKE	Water/ Toilet Break	Crayoning on human figures Story telling: <i>RAJU KI KAHANI</i> (Refer Booklet II page no.8)	Lunch	Winding up, getting ready to go home
Day 6	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: HUMPTY DUMPTY (Refer Booklet I page no. 20) Yellow-Colour	Games: <i>POSHAMPA</i>	Water/ Toilet Break	Tearing Story telling: <i>NATKHAT TINU</i> (Refer Booklet II page no. 11)	Lunch	Winding up, getting ready to go home
Day 7	Welcoming each child, checking personal cleanliness and	Prayer, yoga & exercise, free conversation and poem recitation: <i>MERE PAPA</i>	Games: MUSICAL CHAIR	Water/ Toilet Break	Pasting Animated Videos: <i>KRISHNA</i>	Lunch	Winding up, getting ready to go home

	free play	(Refer Booklet I page no.17)					
Day 8	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: ARE YOU SLEEPING? (Refer Booklet I page no. 19)	Games: <i>UNCH NEECH</i>	Water/ Toilet Break	Beading Story telling: <i>PAVAN KYO KHOYA?</i> (Refer Booklet II page no.10)	Lunch	Winding up, getting ready to go home
Day 9	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>DADA -DADI</i> (Refer Booklet I page no.18)	Games: THROW AND CATCH	Water/ Toilet Break	Block making Videos: English Rhymes	Lunch	Winding up, getting ready to go home
Day 10	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: GIVE AND TAKE	Water/ Toilet Break	Crayoning on human figures Story telling: <i>RAJU KI KAHANI</i> (Refer Booklet II page no.8)	Lunch	Winding up, getting ready to go home
Day 11	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: EARLY TO BED (Refer Booklet I page no. 14) Green -Colour	Games: <i>POSHAMPA</i>	Water/ Toilet Break	Tearing Story telling:	Lunch	Winding up, getting ready to go home
Day 12	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>MERE PAPA</i> (Refer Booklet I page no.17)	Games: MUSICAL CHAIR	Water/ Toilet Break	Pasting Story telling: <i>BAKRI AUR BOODHE BABA</i> (Refer Booklet II page no. 22)	Lunch	Winding up, getting ready to go home

Day 13	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: ARE YOU SLEEPING? (Refer Booklet I page no. 19)	Games: <i>UNCH NEECH</i>	Water/ Toilet Break	Beading Story telling: Animated Video: Krishna	Lunch	Winding up, getting ready to go home
Day 14	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: DADA -DADI (Refer Booklet I page no.18)	Games: THROW AND CATCH	Water/ Toilet Break	Block making Story telling: CHUNMUN CHIDIYA AUR KISAN (Refer Booklet II page no. 50)	Lunch	Winding up, getting ready to go home
Day 15	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: GIVE AND TAKE	Water/ Toilet Break	Crayoning on human figures Videos: Action Rhymes	Lunch	Winding up, getting ready to go home
Day 16	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: EARLY TO BED (Refer Booklet I page no. 14) Blue-Color	Games: <i>POSHAMPA</i>	Water/ Toilet Break	Tearing Story telling: NATKHAT TINU (Refer Booklet II page no.11)	Lunch	Winding up, getting ready to go home
Day 17	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: MERE PAPA (Refer Booklet I page no.17)	Games: MUSICAL CHAIR	Water/ Toilet Break	Pasting Story telling: BAKRI AUR BOODHE BABA (Refer Booklet II page no. 22)	Lunch	Winding up, getting ready to go home

Day 18	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: ARE YOU SLEEPING? (Refer Booklet I page no. 19)	Games: <i>UNCH NEECH</i>	Water/ Toilet Break	Beading Story telling: <i>PAVAN KYO KHOYA?</i> (Refer Booklet II page no10)	Lunch	Winding up, getting ready to go home
Day 19	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: DADA -DADI (Refer Booklet I page no.18)	Games: THROW AND CATCH	Water/ Toilet Break	Block making Story telling: <i>CHUNMUN CHIDIYA AUR KISAN</i> (Refer Booklet II page no. 50)	Lunch	Winding up, getting ready to go home
Day 20	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: GIVE AND TAKE	Water/ Toilet Break	Crayoning on human figures Story telling: <i>RAJU KI KAHANI</i> (Refer Booklet II page no.8)	Lunch	Winding up, getting ready to go home

Additional Activities:

- Children can be conversed about their family members, what functions they perform.
- “Family tree making” titled holiday homework is given to the children.

THEME 3: FRUITS

- Identification of fruits – names, colour and shape
 - ✓ Mango
 - ✓ Coconut
 - ✓ Lichi
 - ✓ Guava
 - ✓ Grapes
 - ✓ Apple
 - ✓ Water melon
 - ✓ Orange
 - ✓ Papaya
 - ✓ Banana
 - ✓ Strawberry

- Taste of different fruits

About:

- ❖ We get fruits from trees.
- ❖ Fruits should be washed properly because most of the time, spices (chemicals) are used to ripen them.
- ❖ Fruits should be carefully purchased so as to avoid diseases.
- ❖ Fruits may be sweet or sour and are of great importance.
- ❖ Type of soil and weather are responsible for the growth of the fruits.

Types of fruits:

- Fruits are juicy, fleshy, hard, soft, one seeded, multi-seeded, without seed, small and big seeded.
- Some fruits are edible with their covers. For ex. Guava, apple, grapes, plum etc.
- Some fruits are edible without their covers. For Ex. Banana, orange, mango etc.
- Some fruits are edible in vines like grapes and some are single like mango.
- Some fruits are annual and some are biennial.
- The gardener takes care of the trees.

Uses:

- ❖ We can make jam, pickle, syrup etc. by the fruits.
- ❖ Fruit chaat can also be made by fruits.
- ❖ Papaya, banana and mango shakes can be made.
- ❖ Coconut: Raw coconut water is good for stomach. Every part of coconut is useful. For ex. Outer cover is filled in pillows and in washing utensils and making brooms.
- ❖ Banana: Banana is found more in South India. Banana is a complete diet in itself.
- ❖ Grapes: Grapes are found in vines. Grapes are of green and black colours.

ADDITIONAL ACTIVITIES:

- We usually introduced fruits by their colour along with texture and taste.
- We make fruit chat from the fruits brought up by the children and share it with the other children.
- We can plan an act with the children, by giving them names of different fruits.

Theme: Fruits- Schedule of Activities

DAYS	Activity I (9:30 a.m. to 10:00 a.m.)	Activity II (10:00 a.m. to 10:30 a.m.)	Activity III (10:30 a.m. to 10:50 a.m.)	Break 10 Min	Activity IV (11:00 a.m. to 11:30 a.m.)	Break half an hour (11:30 a.m. to 12:00 noon)	Activity V (12:00 noon. to 12:30 p.m.)
Day 1	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>LALAJI NE KELA KHAYA</i> (Refer Booklet I page no. 23)	Games: TIPI TIPI TAP Shape-Circle	Water/ Toilet Break	Balancing Story telling: <i>BANDAR AUR MAGARMACHH</i> (Refer Booklet II page no. 16)	Lunch	Winding up, getting ready to go home
Day 2	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>AAM RASILEY</i> (Refer Booklet I page no. 24)	Games: MUSICAL CHAIR Shape-Circle Revision	Water/ Toilet Break	Block making Story telling: <i>JAMUN KA PED</i> (Refer Booklet II page no. 14)	Lunch	Winding up, getting ready to go home

Day 3	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>ANGOORON KI BEL</i> (Refer Booklet I page no. 25)	Games: <i>UNCH NEECH</i> Shape-Circle Revision	Water/ Toilet Break	Beading Story telling: <i>NATKHAT TINU</i> (Refer Booklet II page no. 11)	Lunch	Winding up, getting ready to go home
Day 4	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>SEB NYARA</i> (Refer Booklet I page no. 26)	Games: TUG OF WAR Shape-Triangle	Water/ Toilet Break	Shop keeping Story telling: <i>CHUNMUN CHIDIYA AUR KISAN</i> (Refer Booklet II page no. 50)	Lunch	Winding up, getting ready to go home
Day 5	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>UNCH NEECH</i> Shape-Triangle Revision	Water/ Toilet Break	Crayoning on picture of fruits Story telling: <i>RAJU KI KAHANI</i> (Refer Booklet II page no. 8)	Lunch	Winding up, getting ready to go home
Day 6	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>LALAJI NE KELA KHAYA</i> (Refer Booklet I page no. 23)	Games: TIPI TIPI TAP Shape-Circle	Water/ Toilet Break	Balancing Story telling: <i>BANDAR AUR MAGARMACHH</i> (Refer Booklet II page no.16)	Lunch	Winding up, getting ready to go home
Day 7	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>AAM RASILEY</i> (Refer Booklet I page no. 24)	Games: MUSICAL CHAIR Shape-Circle Revision	Water/ Toilet Break	Block making Story telling: <i>JAMUN KA PED</i> (Refer Booklet II page no. 14)	Lunch	Winding up, getting ready to go home

Day 8	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>ANGOORON KI BEL</i> (Refer Booklet I page no. 25)	Games: <i>UNCH NEECH</i> Shape-Circle Revision	Water/ Toilet Break	Beading Story telling: <i>NATKHAT TINU</i> (Refer Booklet II page no. 11)	Lunch	Winding up, getting ready to go home
Day 9	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>SEB NYARA</i> (Refer Booklet I page no. 26)	Games: TUG OF WAR Shape-Triangle	Water/ Toilet Break	Shop keeping Story telling: <i>CHUNMUN CHIDIYA AUR KISAN</i> (Refer Booklet II page no. 50)	Lunch	Winding up, getting ready to go home
Day 10	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>UNCH NEECH</i> Shape-Triangle Revision	Water/ Toilet Break	Crayoning on picture of fruits Story telling: <i>RAJU KI KAHANI</i> (Refer Booklet II page no. 8)	Lunch	Winding up, getting ready to go home
Day 11	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>AAM KA MAUSAM</i> (Refer Booklet I page no. 27)	Games: TIPI TIPI TAP Shape-Circle	Water/ Toilet Break	Balancing Story telling: <i>BANDAR AUR MAGARMACHH</i> (Refer Booklet II page no. 16)	Lunch	Winding up, getting ready to go home
Day 12	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>AAM RASILEY</i> (Refer Booklet I page no. 24)	Games: MUSICAL CHAIR Shape-Circle Revision	Water/ Toilet Break	Block making Story telling: <i>JAMUN KA PED</i> (Refer Booklet II page no. 14)	Lunch	Winding up, getting ready to go home

Day 13	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>ANGOORON KI BEL</i> (Refer Booklet I page no. 25)	Games: <i>UNCH NEECH</i> Shape-Circle Revision	Water/ Toilet Break	Beading Story telling: <i>NATKHAT TINU</i> (Refer Booklet II page no. 11)	Lunch	Winding up, getting ready to go home
Day 14	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>SEB NYARA</i> (Refer Booklet I page no. 26)	Games: TUG OF WAR Shape-Triangle	Water/ Toilet Break	Shop keeping Story telling: <i>CHUNMUN CHIDIYA AUR KISAN</i> (Refer Booklet II page no. 50)	Lunch	Winding up, getting ready to go home
Day 15	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>UNCH NEECH</i> Shape-Triangle Revision	Water/ Toilet Break	Crayoning on picture of fruits Story telling: <i>RAJU KI KAHANI</i> (Refer Booklet II page no. 8)	Lunch	Winding up, getting ready to go home
Day 16	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>MAMAJI AUR BANDAR</i> (Refer Booklet I page no. 22)	Games: TIPI TIPI TAP Shape-Circle	Water/ Toilet Break	Balancing Story telling: <i>BANDAR AUR MAGARMACHH</i> (Refer Booklet II page no. 16)	Lunch	Winding up, getting ready to go home
Day 17	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>AAM RASILEY</i> (Refer Booklet I page no. 24)	Games: MUSICAL CHAIR Shape-Circle Revision	Water/ Toilet Break	Block making Story telling: <i>JAMUN KA PED</i> (Refer Booklet II page no. 14)	Lunch	Winding up, getting ready to go home

Day 18	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>ANGOORON KI BEL</i> (Refer Booklet I page no. 25)	Games: <i>UNCH NEECH</i> (Refer Booklet II page no.2) Shape-Circle Revision	Water/ Toilet Break	Beading Story telling: <i>NATKHAT TINU</i> (Refer Booklet II page no. 11)	Lunch	Winding up, getting ready to go home
Day 19	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>SEB NYARA</i> (Refer Booklet I page no. 26)	Games: TUG OF WAR Shape-Triangle	Water/ Toilet Break	Shop keeping Story telling: <i>CHUNMUN CHIDIYA AUR KISAN</i> (Refer Booklet II page no. 50)	Lunch	Winding up, getting ready to go home
Day 20	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>UNCH NEECH</i> Shape-Triangle Revision	Water/ Toilet Break	Crayoning on picture of fruits Story telling: <i>RAJU KI KAHANI</i> (Refer Booklet II page no. 8)	Lunch	Winding up, getting ready to go home

Additional Activities:

- We can prepare fruit *chaat* from the fruits and eat with the children.

THEME 4: VEGETABLES

- Identification of vegetables – names, colour and shapes (round, long etc.)
- ✓ Lady finger
- ✓ Potato
- ✓ Onion
- ✓ Cabbage
- ✓ Bitter gourd
- ✓ Bottle gourd
- ✓ Pumpkin
- ✓ Capsicum
- ✓ Radish
- ✓ Cauliflower
- ✓ Cucumber
- ✓ Brinjal
- ✓ Carrot
- ✓ Tomato
- ✓ Spinach

Discussion:

What are vegetables? Why it is important to eat vegetables? Where do we grow vegetables? What can we make from vegetables? Vegetables which we eat raw and after cooking properly, Seedy vegetables/ seedless vegetables, vegetables which we from climbers, underground, green vegetables, how can we cook vegetables? Which is the place where we get vegetables? Difference between vegetables and fruits (As vegetables are cooked while fruits are taken ripen)

About:

- ❖ Vegetables should be washed properly before eating.
- ❖ Vegetables should be carefully purchased so as to avoid diseases.
- ❖ Vegetables may be sweet or sour but they are of great importance.
- ❖ Type of soil and weather are responsible for the growth of the vegetables.

Uses:

- Raw vegetables are good for dental exercise.
- Vegetables are full of nutrients like: minerals and vitamins.

- Yellow and red vegetables are good for eyesight.
- Green leafy vegetable increases blood in the body.
- Sandwich, *raiya*, *stuffed parantha*, *samosa*, *pickle*, vegetable soup, papad etc. can be made from vegetables.

Theme: Vegetables- Schedule of Activities

DAYS	Activity I (9:30 a.m. to 10:00 a.m.)	Activity II (10:00 a.m. to 10:20 a.m.)	Activity III (10:20 a.m. to 10:50 a.m.)	Break 10 Min	Activity IV (11:00 a.m. to 11:30 a.m.)	Break half an hour (11:30 a.m. to 12:00 noon)	Activity V (12:00 noon. to 12:30 p.m.)
Day 1	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>AALU KACHALU</i> (Refer Booklet I page no. 28)	Games: JUMP UPON ROPE Shape-Triangle Revision	Water/ Toilet Break	Shape frames Pictorial Story telling	Lunch	Winding up, getting ready to go home
Day 2	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>TAMATAR</i> (Refer Booklet I page no. 30)	Games: TIPI TIPI TAP Shape-Square	Water/ Toilet Break	Block making Story telling: <i>JAMUN KA PED</i> (Refer Booklet II page no. 14)	Lunch	Winding up, getting ready to go home
Day 3	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>BAINGAN</i> (Refer Booklet I page no. 31)	Games: <i>UNCH NEECH</i> Shape-Square Revision	Water/ Toilet Break	Shop keeping Animated Video: <i>KRISHNA</i>	Lunch	Winding up, getting ready to go home
Day 4	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>KADDU MAMA</i> (Refer Booklet I page no. 32)	Games: TUG OF WAR Shape-Square Revision	Water/ Toilet Break	Puzzles Story telling: <i>JUNGLE KA RAJA KON</i> (Refer Booklet II page no. 18)	Lunch	Winding up, getting ready to go home

Day 5	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: MUSICAL CHAIR Shape-Oval	Water/ Toilet Break	Crayoning on vegetables Video: ENGLISH RHYMES	Lunch	Winding up, getting ready to go home
Day 6	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>AALU</i> (Refer Booklet I page no. 29)	Games: JUMP UPON ROPE Shape-Triangle Revision	Water/ Toilet Break	Shape frames Story telling: <i>CHI CHI CHIDIYA</i> (Refer Booklet II page no.40)	Lunch	Winding up, getting ready to go home
Day 7	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>TAMATAR</i> (Refer Booklet I page no. 30)	Games: TIPI TIPI TAP Shape-Square	Water/ Toilet Break	Block making Video: <i>DADI MAA KI KAHANIYAAN</i>	Lunch	Winding up, getting ready to go home
Day 8	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>BAINGAN</i> (Refer Booklet I page no. 31)	Games: UNCH NEECH Shape-Square Revision	Water/ Toilet Break	Shop keeping Story telling: <i>CHUNMUN CHIDIYA AUR KISAN</i> (Refer Booklet II page no. 50)	Lunch	Winding up, getting ready to go home
Day 9	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>SABJIYAAN</i> (Refer Booklet I page no. 33)	Games: TUG OF WAR Shape-Square Revision	Water/ Toilet Break	Puzzles Video: ACTION RHYMES	Lunch	Winding up, getting ready to go home

Day 10	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>MUSICAL CHAIR</i> Shape-Oval	Water/ Toilet Break	Crayoning on vegetables Story telling: <i>SOMU KI PARESHANI</i> (Refer Booklet II page no. 12)	Lunch	Winding up, getting ready to go home
Day 11	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>AALU KACHALOO</i> (Refer Booklet I page no. 28)	Games: JUMP UPON ROPE Shape-Triangle Revision	Water/ Toilet Break	Shape frames NATURE WALK	Lunch	Winding up, getting ready to go home
Day 12	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>TAMATAR</i> (Refer Booklet I page no. 30)	Games: TIPI TIPI TAP Shape-Square	Water/ Toilet Break	Block making Story telling: <i>SHER AUR CHUHA</i> (Refer Booklet II page no. 24)	Lunch	Winding up, getting ready to go home
Day 13	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>SABJIYAAN</i> (Refer Booklet I page no. 33)	Games: <i>UNCH NEECH</i> Shape-Square Revision	Water/ Toilet Break	Shop keeping Video: <i>DADI MAA KI KAHANIYAAN</i>	Lunch	Winding up, getting ready to go home
Day 14	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>KADDU MAMA</i> (Refer Booklet I page no. 32)	Games: TUG OF WAR Shape-Square Revision	Water/ Toilet Break	Puzzles Story telling: <i>CHUNMUN CHIDIYA AUR KISAN</i> (Refer Booklet II page no. 50)	Lunch	Winding up, getting ready to go home

Day 15	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>MUSICAL CHAIR</i> Shape Oval	Water/ Toilet Break	Crayoning on vegetables FROG JUMP	Lunch	Winding up, getting ready to go home
Day 16	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>AALU</i> (Refer Booklet I page no. 29)	Games: JUMP UPON ROPE Shape-Triangle Revision	Water/ Toilet Break	Shape frames Story telling: <i>SOMU KI PARESHANI</i> (Refer Booklet II page no. 12)	Lunch	Winding up, getting ready to go home
Day 17	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>TAMATAR</i> (Refer Booklet I page no. 30)	Games: TIPI TIPI TOP Shape-Square	Water/ Toilet Break	Block making Animated Video: <i>KRISHNA</i>	Lunch	Winding up, getting ready to go home
Day 18	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>BAINGAN</i> (Refer Booklet I page no. 31)	Games: <i>UNCH NEECH</i> Shape-Square Revision	Water/ Toilet Break	Shop keeping on theme Nature Walk	Lunch	Winding up, getting ready to go home
Day 19	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>KADDU MAMA</i> (Refer Booklet I page no. 32)	Games: TUG OF WAR Shape-Square Revision	Water/ Toilet Break	Puzzles Story telling: <i>RAJU KI KAHANI</i> (Refer Booklet II page no. 8)	Lunch	Winding up, getting ready to go home

Day 20	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>MUSICAL CHAIR</i> Shape-Oval	Water/ Toilet Break	Crayoning on vegetables Sand Play	Lunch	Winding up, getting ready to go home
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Additional Activities:

- We can make masks from vegetables.
- By using clay modelling, we can make different shapes of vegetables.
- We can prepare salad from the raw vegetables and eat with the children.
- We can make children the “vegetables” and prepare an act in which the vegetables are telling their names and usefulness.

THEME 5: ANIMALS

- Identification of animals – names, colour and sounds
- Types of Animals: wild animals, domestic animals

Discussion:

What are domestic animals? Examples of domestic animals. For ex. Cow, buffalo, goat, dog, cat, horse, pig, rabbit, sheep, donkey, camel etc. Their parts of body, colour, sound, where they live? what they eat? Use of domestic animals in our lives. What did we get from the domestic animals? Habitats of domestic animals.

What are wild animals? Examples of wild animals. For ex. Lion, Tiger, Elephant, Monkey, Bear, Deer, Rhinoceros, Kangaroo, Jackal, Giraffe etc. Their parts of body, colour, sound, where they live? What they eat? Difference between domestic and wild animals. Hunting of wild animals is strictly prohibited is emphasised.

Theme: Animals- Schedule of Activities

DAYS	Activity I (9:30 a.m. to 10:00 a.m.)	Activity II (10:00 a.m. to 10:20 a.m.)	Activity III (10:20 a.m. to 10:50 a.m.)	Break 10 Min	Activity IV (11:00 a.m. to 11:30 a.m.)	Break half an hour (11:30 a.m. to 12:00 noon)	Activity V (12:00 noon. to 12:30 p.m.)
Day 1	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>MACHHLI JAL KI RANI HAI</i> (Refer Booklet I page no. 37)	Games: JUMP UPON ROPE Shape-Oval Revision	Water/ Toilet Break	Sound bags Story telling: <i>BANDAR AUR MAGARMACHH</i> (Refer Booklet II page no. 16)	Lunch	Winding up, getting ready to go home
Day 2	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: BAA BAA BLACK SHEEP (Refer Booklet I page no. 35)	Games: TIPI-TIPI-TAP Shape-Oval Revision	Water/ Toilet Break	Touch and feel Sand Play	Lunch	Winding up, getting ready to go home

Day 3	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>BHALU KI SHADI</i> (Refer Booklet I page no. 36)	Games: <i>UNCH NEECH</i> Shape-Diamond	Water/ Toilet Break	Colour strips Story telling: <i>NEELI, PEELI AUR LAL MACHHLI</i> (Refer Booklet II page no. 28)	Lunch	Winding up, getting ready to go home
Day 4	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: TEDDY BEAR (Refer Booklet I page no. 41)	Games: TUG OF WAR Shape-Diamond Revision	Water/ Toilet Break	Matching NATURE WALK	Lunch	Winding up, getting ready to go home
Day 5	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>WALKING ON BRIDGE</i> Shape-Diamond Revision	Water/ Toilet Break	Crayoning in animal pictures Story telling: <i>SHER AUR CHUHA</i> (Refer Booklet II page no. 24)	Lunch	Winding up, getting ready to go home
Day 6	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>EK THA BANDER</i> (Refer Booklet I page no. 34)	Games: JUMP UPON ROPE Shape-Oval Revision	Water/ Toilet Break	Sound bags Story telling: <i>UCHHALU BANDER AUR DHEERU KACHHUA</i> (Refer Booklet II page no. 26)	Lunch	Winding up, getting ready to go home

Day 7	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: BAA BAA BLACK SHEEP (Refer Booklet I page no. 35)	Games: TIPI-TIPI-TOP Shape-Oval Revision	Water/ Toilet Break	Producing different animals sound Story telling: GUDIYA AUR TEEN BHALU (Refer Booklet II page no. 26)	Lunch	Winding up, getting ready to go home
Day 8	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: MACHHLI JAL KI RANI HAI (Refer Booklet I page no. 37)	Games: UNCH NEECH Shape-Diamond	Water/ Toilet Break	Colour strips Story telling: Animated Video: KRISHNA	Lunch	Winding up, getting ready to go home
Day 9	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: BHALU KI SHADI (Refer Booklet I page no. 36)	Games: TUG OF WAR Shape-Diamond Revision	Water/ Toilet Break	Matching Story telling: GILEHRI KA KULLADH (Refer Booklet II page no. 29)	Lunch	Winding up, getting ready to go home
Day 10	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: WALKING ON BRIDGE Shape-Diamond Revision	Water/ Toilet Break	Crayoning in animal pictures Pictorial Story telling by Book	Lunch	Winding up, getting ready to go home
Day 11	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: MARY'S LAMB (Refer Booklet I page no. 43)	Games: JUMP UPON ROPE Shape-Oval Revision	Water/ Toilet Break	Sound bags Story telling: JUNGLE KA RAJA KON (Refer Booklet II page no. 14)	Lunch	Winding up, getting ready to go home

Day 12	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: BAA BAA BLACK SHEEP (Refer Booklet I page no. 35)	Games: TIPI-TIPI-TOP Shape-Oval Revision	Water/ Toilet Break	Touch and feel Story telling: <i>UCHHALU BANDER AUR DHEERU KACHHUA</i> (Refer Booklet II page no. 22)	Lunch	Winding up, getting ready to go home
Day 13	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>MACHHLI JAL KI RANI HAI</i> (Refer Booklet I page no. 37)	Games: <i>UNCH NEECH</i> Shape-Diamond	Water/ Toilet Break	Colour strips Pictorial Story telling by book	Lunch	Winding up, Getting ready to go home
Day 14	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>BHALU KI SHADI</i> (Refer Booklet I page no. 36)	Games: TUG OF WAR Shape Diamond Revision	Water/ Toilet Break	Matching Story telling: <i>GILEHRI KA KULLADH</i> (Refer Booklet II page no. 29)	Lunch	Winding up, getting ready to go home
Day 15	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>WALKING ON BRIDGE</i> Shape-Diamond Revision	Water/ Toilet Break	Crayoning in animal pictures Story telling: <i>GUDIYA AUR TEEN BHALU</i> (Refer Booklet II page no. 26)	Lunch	Winding up, getting ready
Day 16	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>DHAMAK DHAMAK KAR AATA HATHI</i> (Refer Booklet I page no. 39)	Games: JUMP UPON ROPE Shape-Oval Revision	Water/ Toilet Break	Sound bags Pictorial Story telling by Book	Lunch	Winding up, getting ready to go home

Day 17	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: BAA BAA BLACK SHEEP (Refer Booklet I page no. 35)	Games: TIPI-TIPI-TOP Shape-Oval Revision	Water/ Toilet Break	Touch and feel Story telling: BANDAR AUR MAGARMACHH (Refer Booklet II page no. 12)	Lunch	Winding up, getting ready to go home
Day 18	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: MACHHLI JAL KI RANI HAI (Refer Booklet I page no. 37)	Games: UNCH NEECH Shape-Diamond	Water/ Toilet Break	Colour strips Story telling: NEELI, PEELI AUR LAL MACHHLI (Refer Booklet II page no. 24)	Lunch	Winding up, getting ready to go home
Day 19	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: BHALU KI SHADI (Refer Booklet I page no. 36)	Games: TUG OF WAR Shape-Diamond Revision	Water/ Toilet Break	Matching Story telling: GILEHRI KA KULLADH (Refer Booklet II page no. 29)	Lunch	Winding up, getting ready to go home
Day 20	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: WALKING ON BRIDGE Shape-Diamond Revision	Water/ Toilet Break	Crayoning in animal pictures Story telling: GUDIYA AUR TEEN BHALU (Refer Booklet II page no. 30)	Lunch	Winding up, getting ready to go home

Additional Activities:

- Role play can be performed by soft toys of different animals, available in Childcare centre.
- Children can be asked their personal experiences with the animals.
- Voice recognition game can also be planned.
- Animals and Habitats name.

THEME 6: BIRDS

- Identification of birds – names and sounds

Discussion: All the birds have wings. They lay eggs. Birds that can migrate to other countries according to their weather conditions, are called migratory birds.

Beak: Beak is very helpful to birds for doing many tasks. For ex. Care of wings, self-protection etc.

Claws: Claws are helpful in holding prey tightly.

Duck: Duck lives in water. It searches food (fish, insects) in the water from its beak. It lays egg in safe place on land. Ducks are of white, black and brown colour. Their voice is very harsh.

Peacock: Peacock is very beautiful and it is our national bird. Peacocks used to dance in Monsoon season. It eats snake. Their legs are very dirty.

Owl: They used to remain awake during night. They can see properly at night. They can't see in day time so they remain slept. They are very attentive birds. They used to hunt frogs and small birds for food. Their hearing habit is very good. They are of white and brown in colour.

Parrot: They are of different colours. For ex. Red, green, yellow. Their neck and legs are small. They used to eat chillies and fresh fruits. Their beak is slightly rounded and red coloured. Many parrots can imitate human voice.

Crow: It is black coloured bird. They are found in villages and cities. Their beak and legs' nail are long. They used to fly fast. They eat grains, rats and small birds. Their voice is harsh.

Pigeon: They are mostly greyish, white and brown in colour. Their beak and neck are short. They used to lay eggs by making small nests in building. In olden times, they used to work as postman. They consume grains. For ex. Maize, pearl millet.

Penguin: They are found in icy terrain. They are heavy and used to slide on their stomach. They used their feathers while swimming. Their legs are short in height.

Ostrich: It is very big and heavy bird. Its legs are long and strong. They are nearly nine foot in height. They can run very fast on land. Its egg is very big in the world. Due to its heavy weight, it can't fly. It can swallow small things. They used to eat their own bones and hair.

Cuckoo: It is black coloured small bird. During spring season, it used to sing in sweet voice. It likes to eat fresh fruits. But it is very clever bird as it lays egg in crow's nest and it cares for them.

Myna: It is a small bird. Its beak is of yellow colour. It is mostly found in India. It used to eat grains and small insects.

Vulture: It is a big bird. It is of brown and black colour. Their wings are big. They can fly upon higher level. Their claws and beak are strong and sharp. Due to their sharp sight, they can hunt small animals and birds. Their nests are at very higher level on trees.

Note: We should have the spirit of love for the birds. Do not cage and kill the birds. Do not destroy their eggs and nests.

Theme: Birds- Schedule of Activities

DAYS	Activity I (9:30 a.m. to 10:00 a.m.)	Activity II (10:00 a.m. to 10:20 a.m.)	Activity III (10:20 a.m. to 10:50 a.m.)	Break 10 Min	Activity IV (11:00 a.m. to 11:30 a.m.)	Break half an hour (11:30 a.m. to 12:00 noon)	Activity V (12:00 noon. to 12:30 p.m.)
Day 1	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>EK CHIDIYA KE BACHHE CHAR</i> (Refer Booklet I page no. 53)	Games: <i>BHAGO PAKDO ISKI DUM</i>	Water/ Toilet Break	Tearing paper and pasting in birds picture Story telling: <i>CHI CHI CHIDIYA</i> (Refer Booklet II page no. 40)	Lunch	Winding up, getting ready to go home
Day 2	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>JACK AND JILL</i> (Refer Booklet I page no. 21)	Games: <i>BASKETBALL</i>	Water/ Toilet Break	Thumb painting Story telling: <i>JUNGLE KA RAJA KON</i> (Refer Booklet II page no. 18)	Lunch	Winding up, getting ready to go home
Day 3	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>HUMPTY DUMPTY</i> (Refer Booklet I page no. 20)	Games: <i>BAN TITLI</i>	Water/ Toilet Break	Beading Video: Action Rhymes	Lunch	Winding up, getting ready to go home

Day 4	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: ARE YOU SLEEPING (Refer Booklet I page no. 19)	Games: STATUE	Water/ Toilet Break	Jigsaw Puzzles Story telling: <i>UCHHALU BANDER AUR DHEERU KACHHUA</i> (Refer Booklet II page no. 26)	Lunch	Winding up, getting ready to go home
Day 5	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of both poems	Games: TOUCH AND SPEAK	Water/ Toilet Break	Crayoning on birds picture Nature Walk for Watching birds	Lunch	Winding up, getting ready to go home
Day 6	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: TOTA (Refer Booklet I page no. 48)	Games: <i>BHAGO PAKDO ISKI DUM</i>	Water/ Toilet Break	Tearing and pasting in birds picture Story telling: <i>MAIN BHI</i> (Refer Booklet II page no. 36)	Lunch	Winding up, getting ready to go home
Day 7	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>EK CHIDIYA KE BACHHE CHAR</i> (Refer Booklet I page no. 53)	Games: BASKETBALL	Water/ Toilet Break	Thumb painting Video: <i>DADI MAA KI KAHANIYAAN</i>	Lunch	Winding up, getting ready to go home
Day 8	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: HUMPTY DUMPTY (Refer Booklet I page no. 21)	Games: <i>BAN TITLI</i>	Water/ Toilet Break	Beading Story telling: <i>MERA PALANG</i> (Refer Booklet II page no. 7)	Lunch	Winding up, getting ready to go home

Day 9	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>KOYAL</i> (Refer Booklet I page no. 51)	Games: STATUE	Water/ Toilet Break	Puzzles Pictorial Story telling from book	Lunch	Winding up, getting ready to go home
Day 10	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of both poems	Games: TOUCH AND SPEAK	Water/ Toilet Break	Crayoning on birds picture <i>RAJU KI KAHANI</i> (Refer Booklet II page no. 8)	Lunch	Winding up, getting ready to go home
Day 11	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>KABUTAR</i> (Refer Booklet I page no. 52)	Games: <i>BHAGO PAKDO</i> <i>ISKI DUM</i>	Water/ Toilet Break	Tearing and pasting in birds picture Story telling: <i>MYNA AUR KAUVA</i> (Refer Booklet II page no. 38)	Lunch	Winding up, getting ready to go home
Day 12	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>KOYAL</i> (Refer Booklet I page no. 51)	Games: BASKETBALL	Water/ Toilet Break	Thumb painting Story telling: <i>JAMUN KA PED</i> (Refer Booklet II page no. 14)	Lunch	Winding up, getting ready to go home
Day 13	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>EK CHIDIYA KE BACHHE</i> <i>CHAR</i> (Refer Booklet I page no. 53)	Games: <i>BAN TITLI</i>	Water/ Toilet Break	Beading Story telling: <i>MAIN BHI</i> (Refer Booklet II page no. 36)	Lunch	Winding up, getting ready to go home

Day 14	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>TOTA</i> (Refer Booklet I page no. 48)	Games: STATUE	Water/ Toilet Break	Puzzles Animated Video: <i>KRISHNA</i>	Lunch	Winding up, getting ready to go home
Day 15	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of both poems	Games: TOUCH AND SPEAK	Water/ Toilet Break	Crayoning on birds picture Sand Play	Lunch	Winding up, getting ready to go home
Day 16	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>UDDTI CHIDIYA</i> (Refer Booklet I page no. 54)	Games: <i>BHAGO PAKDO</i> <i>ISKI DUM</i>	Water/ Toilet Break	Tearing and pasting in birds picture Story telling: <i>DO TOTE</i> (Refer Booklet II page no. 35)	Lunch	Winding up, getting ready to go home
Day 17	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>KABUTAR</i> (Refer Booklet I page no. 52)	Games: BASKETBALL	Water/ Toilet Break	Thumb painting Video: English Rhymes	Lunch	Winding up, getting ready to go home
Day 18	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>TOTA</i> (Refer Booklet I page no. 48)	Games: <i>BAN TITLI</i>	Water/ Toilet Break	Beading Story telling: <i>MAIN BHI</i> (Refer Booklet II page no. 36)	Lunch	Winding up, getting ready to go home

Day 19	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>EK CHIDIYA KE BACHHE CHAR</i> (Refer Booklet I page no. 53)	Games: STATUE	Water/ Toilet Break	Puzzles Sand Play	Lunch	Winding up, getting ready to go home
Day 20	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of both poems	Games: TOUCH AND SPEAK	Water/ Toilet Break	Crayoning on birds picture Animated video: <i>KRISHNA</i>	Lunch	Winding up, getting ready to go home

Additional Activities:

- Role play can be performed by soft toys of different birds, available in Childcare centre.
- Children can be asked their personal experiences with the birds.
- Voice recognition game can also be planned.
- Action songs related to birds can be sung.

THEME 7: INSECTS

- Identification of insects – names and body structure.

Discussion: What are insects? Where are they found? Which insects have you seen? How they look? Where they live? What is size of insects? Why it comes? Where it sits? How many feathers it has? Which type of sound it produces? Health hazards from insects.

Different types of insects

House fly: It is commonly found in house. It sits at dirty places and creates diseases.

Cockroach: It is dark red coloured creature. It is common and hardy insect, and can tolerate a wide range of environments from Arctic cold to tropical heat.

Butterfly: the body is divided into three sections: the head, thorax, and abdomen. The thorax is composed of three segments, each with a pair of legs. It drinks flower juice.

Honey bee: Honey bee is concerned with the production and storage of honey and the construction of colonial nests from wax. Honey bees obtain all of their nutritional requirements from pollen and nectar.

Mosquito: Mosquitoes are small and midge-like flies. Females of most species are ecto-parasites, whose tube-like mouthparts (called a proboscis) pierce the hosts' skin to consume blood.

Ant: It is small creatures with elbowed antennae and the distinctive node-like structure that forms their slender waists.

Theme: Insects- Schedule of Activities

DAYS	Activity I (9:30 a.m. to 10:00 a.m.)	Activity II (10:00 a.m. to 10:20 a.m.)	Activity III (10:20 a.m. to 10:50 a.m.)	Break 10 Min (10:50 a.m. to 11:00 a.m.)	Activity IV (11:00 a.m. to 11:30 a.m.)	Break half an hour (11:30 a.m. to 12:00 noon)	Activity V (12:00 noon. to 12:20 p.m.)
Day 1	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>MAKHHI</i> (Refer Booklet I page no. 56)	Games: <i>BAN TITLI</i>	Water/ Toilet Break	Touch and feel Story telling: <i>JUNGLE KA RAJA KAUN</i> (Refer Booklet II page no. 18)	Lunch	Winding up, getting ready to go home

Day 2	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: CHUBBY CHEEKS (Refer Booklet I page no. 10)	Games: JUMP UPON ROPE	Water/ Toilet Break	Block making Story telling: MACHHAR (Refer Booklet II page no. 41)	Lunch	Winding up, getting ready to go home
Day 3	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: TWO LITTLE (Refer Booklet I page no. 15)	Games: UNCH-NEECH	Water/ Toilet Break	Seriation, Shape frames Story telling: NATKHAT TEENU (Refer Booklet II page no. 11)	Lunch	Winding up, getting ready to go home
Day 4	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: TEDDY BEAR (Refer Booklet I page no. 41)	Games: THROW AND CATCH	Water/ Toilet Break	Finger painting Story telling: BAKRI AUR BOODHE BABA (Refer Booklet II page no. 22)	Lunch	Winding up, getting ready to go home
Day 5	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: GIVE AND TAKE	Water/ Toilet Break	Crayoning on body parts Story telling: GUDIYA AUR TEEN BHALU (Refer Booklet II page no. 30)	Lunch	Winding up, getting ready to go home
Day 6	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: COUNTING ANIMALS (Refer Booklet I pg 38)	Games: BHAGO PAKDO ISKI DUM	Water/ Toilet Break	Touch and feel Story telling: SHER AUR CHUHA (Refer Booklet II page no. 24)	Lunch	Winding up, getting ready to go home

Day 7	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>AALO KACHHALU</i> (Refer Booklet I page no.28)	Games: MUSICAL CHAIR	Water/ Toilet Break	Block making Story telling: <i>MERA PALANG</i> (Refer Booklet II page no. 7)	Lunch	Winding up, getting ready to go home
Day 8	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>TWINKLE TWINKLE</i> (Refer Booklet I page no.82)	Games: HIT THE TARGET	Water/ Toilet Break	Seriation, Shape frames Story telling: <i>PAVAN KYO KHOYA</i> (Refer Booklet II page no. 10)	Lunch	Winding up, getting ready to go home
Day 9	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>TEDDY BEAR</i> (Refer Booklet I page no. 41)	Games: TOUCH AND SPEAK	Water/ Toilet Break	Finger painting Story telling: <i>BHAYBHEET HUE BUNBUN AUR PIGSI</i> (Refer Booklet II page no. 20)	Lunch	Winding up, getting ready to go home
Day 10	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>UNCH-NEECH</i>	Water/ Toilet Break	Crayoning on body parts Story telling: <i>MAI BHI</i> (Refer Booklet II page no. 36)	Lunch	Winding up, getting ready to go home
Day 11	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>CHANDA MAMA GOL GOL</i> (Refer Booklet I page no. 91)	Games: WALKING ON BRIDGE	Water/ Toilet Break	Touch and feel Story telling: <i>RAJU KI KAHANI</i> (Refer Booklet II page no. 8)	Lunch	Winding up, getting ready to go home

Day 12	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>BHARAT MAA KE BACHHE HUM</i> (Refer Booklet I page no. 99)	Games: MUSICAL CHAIR	Water/ Toilet Break	Block making SAND PLAY	Lunch	Winding up, getting ready to go home
Day 13	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>TITLI</i> (Refer Booklet I page no. 57)	Games: <i>BAN TITLI</i>	Water/ Toilet Break	Seriation, Shape frames Story telling: <i>NATKHAT TEENU</i> (Refer Booklet II page no. 11)	Lunch	Winding up, getting ready to go home
Day 14	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>TEDDY BEAR</i> (Refer Booklet I page no. 41)	Games: THROW AND CATCH	Water/ Toilet Break	Finger painting Animated Video: <i>KRISHNA</i>	Lunch	Winding up, getting ready to go home
Day 15	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: CRICKET	Water/ Toilet Break	Crayoning on body parts Story telling: <i>GUDIYA AUR TEEN BHALU</i> (Refer Booklet II page no. 30)	Lunch	Winding up, getting ready to go home
Day 16	Welcoming each child, checking	Prayer, yoga & exercise, free conversation and	Games: WALKING ON BRIDGE	Water/ Toilet Break	Touch and feel Story telling: <i>UCHHLU BANDAR</i>	Lunch	Winding up, getting ready to go home

	personal cleanliness and free play	poem recitation: OUT IN THE GARDEN (Refer Booklet I page no. 78)			<i>AUR DHEERU KACHHUA</i> (Refer Booklet II page no. 26)		
Day 17	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>CHUBBY CHEEKS</i> (Refer Booklet I page no. 10)	Games: MUSICAL CHAIR	Water/ Toilet Break	Block making Story telling: <i>JAMUN KA PED</i> (Refer Booklet II page no. 14)	Lunch	Winding up, getting ready to go home
Day 18	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>RAIN RAIN GO AWAY</i> (Refer Booklet I page no. 80)	Games: HIT THE TARGET	Water/ Toilet Break	Seriation, Shape frames NATURE WALK	Lunch	Winding up, getting ready to go home
Day 19	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>TEDDY BEAR</i> (Refer Booklet I page no. 41)	Games: TOUCH AND SPEAK	Water/ Toilet Break	Finger painting FROG JUMP	Lunch	Winding up, getting ready to go home
Day 20	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: RING-A ROSES	Water/ Toilet Break	Crayoning on body parts Video: <i>DADI MAA KI KAHANIYAAN</i>	Lunch	Winding up, getting ready to go home

THEME 8: TRANSPORT

Discussion: How can we go from one place to another? Why we need transport? What are different transports? Types of transport, where did we get transport? Name of the places from where we get transport, who drives the transport? Sound of the transport, number of tyres and their size, where did vehicles repair? Where did the vehicles get cleaned?

Mode of transport (or means of transport or types of transport or transport modality or form of transport) is a term used to distinguish substantially different ways to perform transport. The most dominant modes of transport are aviation, ship transport, and land transport, which includes rail, road and off-road transport. Other modes also exist, including pipelines, cable transport, and space transport. Human-powered transport and animal-powered transport are sometimes regarded as their own mode, but these normally also fall into the other categories. In general, transportation is used for the movement of people, animals, and other things. Each mode of transport has a fundamentally different technological solution, and some require a separate environment. Each mode has its own infrastructure, vehicles, and operations, and often has unique regulations. Each mode also has separate subsystems.

Types of transport

1. Land transport or land transportation, also referred to as ground transport or ground transportation, is the transport or movement of people, animals, and goods from one location to another on land, usually by rail or road.
2. Water transport is the process of moving people, goods, etc. by barge, boat, ship or sailboat over a sea, ocean, lake, canal, river, etc.
3. Air transport is a form of travel in vehicles such as helicopters, hot air balloons, blimps, gliders, hang gliding, airplanes or anything else that can sustain flight.

Theme: Transport- Schedule of Activities

DAYS	Activity I (9:30 a.m. to 10:00 a.m.)	Activity II (10:00 a.m. to 10:20 a.m.)	Activity III (10:20 a.m. to 10:50 a.m.)	Break 10 Min (10:50 a.m. to 11:00 a.m.)	Activity IV (11:00 a.m. to 11:30 a.m.)	Break half an hour (11:30 a.m. to 12:00 noon)	Activity V (12:00 noon. to 12:20 p.m.)
Day 1	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>LAL PEELI MOTOR</i> (Refer Booklet I page no. 58)	Games: <i>STAPU- STAPU</i>	Water/ Toilet Break	Beading Story telling: <i>MERA PALANG</i> (Refer Booklet II page no. 7)	Lunch	Winding up, getting ready to go home
Day 2	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>CRICKET</i>	Water/ Toilet Break	Listening and identifying vehicle sound in and outside of the room NATURE WALK	Lunch	Winding up, getting ready to go home
Day 3	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: BITS OF PAPER (Refer Booklet I page no. 81)	Games: <i>HIT THE TARGET</i>	Water/ Toilet Break	Press painting Story telling: <i>MAI BHI</i> (Refer Booklet II page no. 36)	Lunch	Winding up, getting ready to go home
Day 4	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>HIDE AND SEEK</i>	Water/ Toilet Break	Magical bag, Shape frames Video: <i>DADI MAA KI KAHANIYAAN</i>	Lunch	Winding up, getting ready to go home

Day 5	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>BHAGO PAKDO</i> <i>ISKI DUM</i>	Water/ Toilet Break	Freehand drawing, Sound bag Story telling: <i>BAKRI AUR</i> <i>BOODHE BABA</i> (Refer Booklet II page no. 22)	Lunch	Winding up, getting ready to go home
Day 6	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>RAILGADI</i> (Refer Booklet I page no. 59)	Games: <i>UNCH-NEECH</i>	Water/ Toilet Break	Beading Story telling: <i>JUNGLE KA RAJA</i> <i>KON</i> (Refer Booklet II page no. 18)	Lunch	Winding up, getting ready to go home
Day 7	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>LAL PEELI</i> <i>MOTOR</i> (Refer Booklet I page no. 58)	Games: STATUE	Water/ Toilet Break	Dots matching Animated Video <i>KRISHNA</i>	Lunch	Winding up, getting ready to go home
Day 8	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: THROW AND CATCH	Water/ Toilet Break	Press painting Video: ACTION RHYMES	Lunch	Winding up, getting ready to go home

Day 9	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: TEN LITTLE GENTLEMEN (Refer Booklet I page no. 90)	Games: <i>STAPU- STAPU</i>	Water/ Toilet Break	Magical bag, Shape frames Story telling: <i>GILAHRI KA KULLADH</i> (Refer Booklet II page no. 33)	Lunch	Winding up, getting ready to go home
Day 10	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>BHAGO PAKDO ISKI DUM</i>	Water/ Toilet Break	Freehand drawing, Sound bag SAND PLAY	Lunch	Winding up, getting ready to go home
Day 11	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>MOTOR CAR</i> (Refer Booklet I page no. 60)	Games: WALKING ON BRIDGE	Water/ Toilet Break	Beading Story telling: <i>SOMU KI PARESHANI</i> (Refer Booklet II page no. 12)	Lunch	Winding up, getting ready to go home
Day 12	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>LAL PEELI MOTOR</i> (Refer Booklet I page no. 58)	Games: <i>VOLLEYBALL</i>	Water/ Toilet Break	Listening and identifying vehicle sound in and outside of the room NATURE WALK	Lunch	Winding up, getting ready to go home

Day 13	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>RAILGADI</i> (Refer Booklet I page no. 59)	Games: <i>BHAGO PAKDO ISKI DUM</i>	Water/ Toilet Break	Press painting Story telling: <i>GUDIYA AUR TEEN BHALU</i> (Refer Booklet II page no. 30)	Lunch	Winding up, getting ready to go home
Day 14	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: JUMP UPON ROPE	Water/ Toilet Break	Magical bag, Shape frames Video: ENGLISH ACTION RHYMES	Lunch	Winding up, getting ready to go home
Day 15	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>BAN TITLI</i>	Water/ Toilet Break	Freehand drawing, Sound bag Story telling: <i>SHER AUR CHUHA</i> (Refer Booklet II page no. 24)	Lunch	Winding up, getting ready to go home
Day 16	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>JANWARON KI RAILGADI</i> (Refer Booklet I page no. 61)	Games: “HAIYAA” BY ROPE	Water/ Toilet Break	Beading Video: <i>DADI MAA KI KAHANIYAAN</i>	Lunch	Winding up, getting ready to go home
Day 17	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>RAILGAADI</i> (Refer Booklet I page no. 59)	Games: GIVE AND TAKE	Water/ Toilet Break	Dots matching Story telling: <i>BANDAR AUR MAGARMACHH</i> (Refer Booklet II page no. 16)	Lunch	Winding up, getting ready to go home

Day 18	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>MOTOR CAR</i> (Refer Booklet I page no. 60)	Games: THROW AND CATCH	Water/ Toilet Break	Press painting Video: ACTION RHYMES	Lunch	Winding up, getting ready to go home
Day 19	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>JACK AND JILL</i> (Refer Booklet I page no. 21)	Games: WALKING ON BRIDGE	Water/ Toilet Break	Magical bag, Shape frames Story telling: <i>MAINA AUR KAUWA</i> (Refer Booklet II page no. 38)	Lunch	Winding up, getting ready to go home
Day 20	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>BHAGO PAKDO</i> <i>ISKI DUM</i>	Water/ Toilet Break	Freehand drawing, Sound bag Video: ENGLISH ACTION RHYMES	Lunch	Winding up, getting ready to go home

Additional Activities:

- Children can be asked their personal experiences with the transport.
- Free conversation can be initiated regarding transport
- A train can be made by arranging children into a line and naming them as engine, compartments and guard in the end.

THEME 9: NATURE

Discussion:

Water

We drink water to calm down our thirst. Water is very important in our life as we cannot live without it. Animals, birds, trees-plants, flowers, fish, human all needs water. Water is used in daily activities like in cleanliness, bathing, washing clothes, cooking food, drinking, in fields, for producing electricity, for extinguishing fire, in construction. Water is very helpful in making ORS, aam panna, lemonade and icing water. Water can get from wells, pond, river, fountain, hand pump etc. River water is salty and could not be drink. In order to make river water suitable for drinking, it is refined through machines.

Water has many properties; it never changes its natural form. When we put it in fridge, it becomes ice and if we take out ice changes into water. If water is boiled it changes into vapour and while cooling vapour changes into water. Water is tasteless and taste is developed on the basis of thing added. For Ex. When sugar is added it becomes sweet, salty by salt and sour by adding lemon. Water is colourless and shapeless. Water is transparent and while keeping in big container, we can see our image in it. Some materials can dissolve in water as salt, lemon, colour etc. and some materials set at the bottom of the level of water like mud, sand etc. while some float on the surface of the water like oil, ghee etc.

Sea water is salty therefore salt can be made from it. Water has weight so it is measured in litres. Light weight things floats in the water like straw, boat, needle on the paper etc. while heavy weight things drown in the water like iron, nail, pearl, pebbles etc.

Water is very precious therefore we should not waste it. Close the tap, tightly. The place where drinking water is kept should be clean and hygienic. Drinking water should be properly covered and use long handle to take water from the container. We should properly take care of cleanliness of hands and utensils. Do not dump factory and household wastes in the rivers, pond, wells etc. as it creates water pollution. Do not wash clothes in the rivers as they get polluted.

As we face water loss in the form of sweating therefore we should drink 8-10 glasses of water in a day. Rain water can be saved and used for trees and plants. Instead of wasting water, we can use wet cloth for cleaning our vehicles.

If we did not start saving water, our country can lead to drought conditions and it will be very difficult for trees, plants, birds, human to survive.

Types of Plant

Trees

A tree is any plant with the general form of an elongated stem, or trunk, which supports the photosynthetic leaves or branches at some distance above the ground. Trees are also typically defined by height, with smaller plants from 0.5 to 10 m (1.6 to 32.8 ft) being called shrubs, so the minimum height of a tree is only loosely defined. Large herbaceous plants such as papaya and bananas are trees in this broad sense. A tree typically has many secondary branches supported clear of the ground by the trunk.

Tree provides us shade, medicines, fruits, flowers and wood. Trees play a significant role in reducing erosion and moderating the climate. They remove carbon dioxide from the atmosphere and store large quantities of carbon in their tissues. Trees and forests provide a habitat for many species of animals and plants.

Shrubs

They are small plants with short stem and branches near to ground. For ex. Brinjal, tomato, green pepper etc.

Herbs

Herbs are the part of plant family which has highest production rate. Herbs did not have stems and die after giving flowers and fruits.

Climbers

Climbers have long and thin stems. Some climbers grow on other trees and some grow on ground like cucumber, pumpkin. These climbers have a speciality that they use their fibres as curly wires. Grape vine is very precious and useful.

Aquatic plants

Aquatic plants grow in water and are thousands in number. In aquatic plants, lotus and water chestnut are useful for human. Due to the shade of the leaves of water lettuce, water of the pond could not be vanished in the form of steam.

Weeds

Some plants can grow by self and nature plays an important role in this. For Ex. Flow of water, dispersed through air, by birds, in walls, vacant place, in hills.

Parts of plant

- **Roots:** The roots are, generally, an underground part of the tree, but some tree species have evolved roots that are aerial. The common purposes for aerial roots may be of two kinds, to contribute to the mechanical stability of the tree, and to obtain oxygen from air. An instance of mechanical stability enhancement is the red mangrove that develops prop roots that loop out of the trunk and branches and descend vertically into the mud. A similar structure is developed by the Indian banyan. Many large trees have buttress roots which flare out from the lower part of the trunk. These brace the tree rather like angle brackets and provide stability, reducing sway in high winds. They are particularly prevalent in tropical rainforests where the soil is poor and the roots are close to the surface. Some tree species have developed root extensions that pop out of soil, in order to get oxygen, when it is not available in the soil because of excess water. These root extensions are called pneumatophores, and are present, among others, in black mangrove and pond cypress.
- **Stem:** The age of the tree can be estimated by its stem. Medicines can be made from the bark of some trees.
- **Leaves:** leaves are green in colour. Leaves are the kitchen of trees. Leaves distribute minerals to other parts of the tree. During spring season new leaves grow while in autumn trees shed their leaves. Leaves make their food from carbon di-oxide. Leaves make food for the tree with the help of sunlight and water.

Usefulness of trees

- Trees are the life givers.
- Trees provide us fruits, flowers, vegetables, medicines, oil, gum, all types of cereals, pulses, rubber etc.
- Wood is used in making furniture, doors, windows, boxes etc.
- Plants provide fresh air so that we can breathe.
- We should not let children play and sleep under the trees at night.
- Birds used to make their nests on the tree.
- Dry leaves, wild herbs and dry branches are used as fuel.
- Animals get their food from plants in the form of fodder.

- Plants help in making our environment clean.

Some special points:

- Plants need manure, air, water and sunlight for their growth.
- Like human and animals, plants are also living creatures.
- Plants also listen, grow, move and die like human.
- Plants are also helpful in prevention of soil erosion as their root holds the land tightly.

Theme: Nature- Schedule of Activities

DAYS	Activity I (9:30 a.m. to 10:00 a.m.)	Activity II (10:00 a.m. to 10:20 a.m.)	Activity III (10:20 a.m. to 10:50 a.m.)	Break 10 Min	Activity IV (11:00 a.m. to 11:30 a.m.)	Break half an hour (11:30 a.m. to 12:00 noon)	Activity V (12:00 noon. to 12:30 p.m.)
Day 1	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>PAHAD PAR EK PED THA</i> (Refer Booklet I page no. 65)	Games: HIDE AND SEEK	Water/ Toilet Break	Matching, Dots matching Story telling: <i>PHOOL AUR SHARARTI BACHHE</i> (Refer Booklet II page no. 43)	Lunch	Winding up, getting ready to go home
Day 2	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>GARMI AAYI</i> (Refer Booklet I page no. 62)	Games: <i>STAPOO</i>	Water/ Toilet Break	Beading Pictorial Story telling from book	Lunch	Winding up, getting ready to go home

Day 3	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>HUA SAVERA NIKLA SURAJ</i> (Refer Booklet I page no. 69)	Games: <i>TIPI TIPI TAP</i>	Water/ Toilet Break	Pink Minar Video: English Rhymes	Lunch	Winding up, getting ready to go home
Day 4	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>PATTA HU MAI</i> (Refer Booklet I page no. 75)	Games: TUG OF WAR	Water/ Toilet Break	Balancing SAND PLAY	Lunch	Winding up, getting ready to go home
Day 5	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>UNCH NEECH</i>	Water/ Toilet Break	Building Blocks Pictorial Story telling from book	Lunch	Winding up, getting ready to go home
Day 6	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>SARDI AAYI</i> (Refer Booklet I page no. 63)	Games: MUSICAL CHAIR	Water/ Toilet Break	Matching, Dots matching Animated Video: <i>KRISHNA</i>	Lunch	Winding up, getting ready to go home
Day 7	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>BEEJ HAI HUM BEEJ HAI</i> (Refer Booklet I page no. 67)	Games: THROW AND CATCH	Water/ Toilet Break	Beading Story telling: <i>UCHHLU BANDER AUR DHEERU KACHHUA</i> (Refer Booklet II page no. 26)	Lunch	Winding up, getting ready to go home

Day 8	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>MERE GULAB</i> (Refer Booklet I page no. 74)	Games: <i>RING-A-ROSES</i>	Water/ Toilet Break	Pink Minar Story telling: <i>CHI CHI CHIDIYA</i> (Refer Booklet II page no. 40)	Lunch	Winding up, getting ready to go home
Day 9	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>PATTA HU MAI</i> (Refer Booklet I page no. 75)	Games: <i>BAN TITLI</i>	Water/ Toilet Break	Balancing Video: <i>DADI MAA KI KAHANIYAAN</i>	Lunch	Winding up, getting ready to go home
Day 10	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>BHAGO PAKDO ISKI DUM</i>	Water/ Toilet Break	Building Blocks Story telling: <i>RAJU KI KAHANI</i> (Refer Booklet II page no. 8)	Lunch	Winding up, getting ready to go home
Day 11	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>AASMAAN ME NIKLE TAARE</i> (Refer Booklet I page no. 73)	Games: <i>STATUE</i>	Water/ Toilet Break	Matching, Dots matching Story telling: <i>NEELI PEELI AUR LAL MACHHLI</i> (Refer Booklet II page no. 28)	Lunch	Winding up, getting ready to go home
Day 12	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>PAANI BARSA</i> (Refer Booklet I page no. 64)	Games: <i>BASKET BALL</i>	Water/ Toilet Break	Beading Video: <i>ACTION RHYMES</i>	Lunch	Winding up, getting ready to go home

Day 13	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>PED HAMARE SATHI HAIN</i> (Refer Booklet I page no. 71)	Games: WALKING ON BRIDGE	Water/ Toilet Break	Pink Minar Story telling: <i>MAALI AUR BANDARON KI TOLI</i> (Refer Booklet II page no. 45)	Lunch	Winding up, getting ready to go home
Day 14	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>EK CHHOTA SA DANA</i> (Refer Booklet I page no. 66)	Games: STAPU-STAPU	Water/ Toilet Break	Balancing NATURE WALK	Lunch	Winding up, getting ready to go home
Day 15	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>POSHAMPA</i>	Water/ Toilet Break	Building Blocks Pictorial Story telling	Lunch	Winding up, getting ready to go home
Day 16	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>PHOOL</i> (Refer Booklet I page no. 70)	Games: HIDE AND SEEK	Water/ Toilet Break	Matching, Dots matching Story telling: <i>MACHHAR</i> (Refer Booklet II page no. 41)	Lunch	Winding up, getting ready to go home
Day 17	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>TAARA</i> (Refer Booklet I page no. 76)	Games: CRICKET	Water/ Toilet Break	Beading Story telling: <i>UCHHLU BANDER AUR DHEERU KACHHUA</i> (Refer Booklet II page no. 26)	Lunch	Winding up, getting ready to go home

Day 18	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>SURAJ AUR CHAND</i> (Refer Booklet I page no. 77)	Games: <i>POSHAMPA</i>	Water/ Toilet Break	Pink Minar Video: ENGLISH RHYMES	Lunch	Winding up, getting ready to go home
Day 19	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: RAIN RAIN GO AWAY (Refer Booklet I page no. 80)	Games: TUG OF WAR	Water/ Toilet Break	Balancing Story telling: <i>JUNGLE KA RAJA KAUN</i> (Refer Booklet II page no. 18)	Lunch	Winding up, getting ready to go home
Day 20	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>UNCH NEECH</i>	Water/ Toilet Break	Building Blocks NATURE WALK	Lunch	Winding up, getting ready to go home

Additional Activities:

- Exposure with surroundings like garden, parks etc.
- Some experiments can be easily performed in the childcare centre. For ex. Plants need water to grow.
- Concept of shapes can be taught through leaves of different shape and size.
- Properties of water can be introduced through small experiments in the childcare centre.
- Importance of saving water and methods of saving water.
- Action songs on sun, moon, stars, leaves and plants.

THEME 10: OUR HELPERS

Human beings are social in nature. Being a part of our society, we exhibit a social behaviour too. In our social environment, we take care of others and they care us too. A kid depends on its family for its all needs. Parents, relatives and neighbours take care of the kid. It is the responsibilities of parents to teach etiquette and manners to their kids at home. As soon as he/she grows up to a responsible person, starts to serve other in one or more ways and also needs help of others. He either starts some occupation or does a job. With the type of work he does, becomes a direct or indirect helper for others in society.

Different types of helpers:

Newspaper Hawker

In morning, the newspaper hawker delivers newspaper door to door before we get up early in the morning without bothering good or bad weather.

Barber

A barber is a person whose occupation is mainly to cut, dress, groom, style and shaves men's and boys' hair. A barber's place of work is known as a "barber shop". Barber shops are also places of social interaction and public discourse. In modern times, the term "barber" is used both as a professional title and to refer to hairdressers who specialize in men's hair.

Doctor and Nurse

A doctor is the life giving personality. He not only prescribes his patient but also gives moral support to patient. The nurse serves the patients like mother and sister in hospitals.

Tailor

A tailor is a person who makes, repairs, or alters clothing professionally.

Teachers

A teacher is the future maker of a nation. A good teacher serves his country and society with giving better education to his students. He prepares doctors, engineers and officers for the future. He must be respected in the society for doing such an important work.

Plumber

A plumber is a tradesperson who specializes in installing and maintaining systems used for potable (drinking) water, sewage and drainage in plumbing systems.

Cobbler

A person who makes and mends shoes.

Carpenter

A person who makes and repairs wooden objects and structures.

Security Guard

When going to your school, you would have seen security guards at your society compound and school gates. A security guard can guard a house, a society, an office or a school and colony. They protect us from thieves and stray animals on road. We usually see them, get their salute on gate and some time we ignore them too. But actually, we should wish them too and thank them for their services. This, not only increase their morel but also expedite their loyalty towards their respective work.

Police man

Police force is the most necessary component of any administrative system. Police controls crime in our society and provides us a peaceful and protective society to live in. It provides us many types of freedoms also such as –

- Freedom to move everywhere without fear of being looted
- Feel free from our home, when we are away for holidays
- Theft control
- Safety from anti-social elements and criminals

Safety from terrorists

Soldier

Soldiers from Air-force, Army and Naval forces secure our nation from external enemies of our country. Forces help us to remain citizen of an independent country. Forces keep us safe from terrorists also. Their service for our nation has remained admiral from-ever. A soldier is always ready to die for his nation. We must feel proud of them and their spirit for patriotism should be saluted by every countryman.

Postman

A postman is a mail carrier, a person delivering post.

Gardner

A gardener is someone who practices gardening, either professionally or as a hobby.

Watchman

A man, who is employed to stand guard or keep watch. Watchman takes care of our house and society.

Theme: Our helpers- Schedule of activities

DAYS	Activity I (9:30 a.m. to 10:00 a.m.)	Activity II (10:00 a.m. to 10:20 a.m.)	Activity III (10:20 a.m. to 10:50 a.m.)	Break 10 Min	Activity IV (11:00 a.m. to 11:30 a.m.)	Break half an hour (11:30 a.m. to 12:00 noon)	Activity V (12:00 noon. to 12:30 p.m.)
Day 1	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: DOCTOR <i>(Refer Booklet I page no. 83)</i>	Games: JUMP UPON ROPE	Water/ Toilet Break	Theme based Matching worksheet Story telling: POLICEWALA <i>(Refer Booklet II page no. 47)</i>	Lunch	Winding up, getting ready to go home

Day 2	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: KADAM KADAM BADHAYE JA (Refer Booklet I page no.100)	Games: CRICKET	Water/ Toilet Break	Beading Video: <i>DADI MAA KI KAHANIYAAN</i>	Lunch	Winding up, getting ready to go home
Day 3	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: DAILY ROUTINE (Refer Booklet I page no. 12)	Games: GIVE AND TAKE	Water/ Toilet Break	Puzzles Story telling: <i>DARJI AUR HAATHI</i> (Refer Booklet II page no. 48)	Lunch	Winding up, getting ready to go home
Day 4	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>SURAJ AUR CHAND</i> (Refer Booklet I page no. 77)	Games: TUG OF WAR	Water/ Toilet Break	Balancing NATURE WALK	Lunch	Winding up, getting ready to go home
Day 5	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: MUSICAL CHAIR	Water/ Toilet Break	Building Blocks Pictorial Story telling	Lunch	Winding up, getting ready to go home
Day 6	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>MOCHI</i> (Refer Booklet I page no. 84)	Games: <i>POSHAMPA</i>	Water/ Toilet Break	Dots matching Story telling: <i>CHUMMUN CHIDIYA AUR KISAN</i> (Refer Booklet II page no. 50)	Lunch	Winding up, getting ready to go home

Day 7	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>DHOBI AAYA</i> (Refer Booklet I page no. 89)	Games: THROW AND CATCH	Water/ Toilet Break	Colouring on worksheets Video: ACTION RHYMES	Lunch	Winding up, getting ready to go home
Day 8	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: HELLO MISTER RABBIT (Refer Booklet I page no. 47)	Games: HIT THE TARGET	Water/ Toilet Break	Pink Minar NATURE WALK	Lunch	Winding up, getting ready to go home
Day 9	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>SURAJ AUR CHAND</i> (Refer Booklet I page no. 77)	Games: HIDE AND SEEK	Water/ Toilet Break	Story telling: <i>MAI BHI</i> (Refer Booklet II page no. 36)	Lunch	Winding up, getting ready to go home
Day 10	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: STATUE	Water/ Toilet Break	Building Blocks Pictorial Story telling from book	Lunch	Winding up, getting ready to go home
Day 11	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>BADDHAI CHACHA</i> (Refer Booklet I page no. 85)	Games: JUMP UPON ROPE	Water/ Toilet Break	Role Play on theme	Lunch	Winding up, getting ready to go home

Day 12	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>MOCHI</i> (Refer Booklet I page no. 84)	Games: CRICKET	Water/ Toilet Break	Shop keeping	Lunch	Winding up, getting ready to go home
Day 13	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>CHOWKIDAAR</i> (Refer Booklet I page no. 86)	Games: <i>UNCH NEECH</i>	Water/ Toilet Break	Pink Minar Story telling: <i>MAALI AUR BANDERON KI TOLI</i> (Refer Booklet II page no. 45)	Lunch	Winding up, getting ready to go home
Day 14	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>DAKIYA AAYA</i> (Refer Booklet I page no. 87)	Games: TUG OF WAR	Water/ Toilet Break	Role Play on theme	Lunch	Winding up, getting ready to go home
Day 15	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: VOLLEY BALL	Water/ Toilet Break	Building Blocks Story telling: <i>BANDER AUR MAGARMACHH</i> (Refer Booklet II page no. 16)	Lunch	Winding up, getting ready to go home
Day 16	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>MOTURAM HALWAI</i> (Refer Booklet I page no. 88)	Games: <i>POSHAMPA</i>	Water/ Toilet Break	Role Play on theme	Lunch	Winding up, getting ready to go home

Day 17	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>DHOBI AAYA</i> (Refer Booklet I page no. 89)	Games: MUSICAL CHAIR	Water/ Toilet Break	Story telling: <i>DARJI AUR HAATHI</i> (Refer Booklet II page no. 48)	Lunch	Winding up, getting ready to go home
Day 18	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>CHANDA MAMA GOL GOL</i> (Refer Booklet I page no. 91)	Games: HIT THE TARGET	Water/ Toilet Break	Pink Minar Story telling: <i>MAALI AUR BANDERON KI TOLI</i> (Refer Booklet II page no. 45)	Lunch	Winding up, getting ready to go home
Day 19	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: <i>BITS OF PAPER</i> (Refer Booklet I page no. 81)	Games: TUG OF WAR	Water/ Toilet Break	Role Play on theme	Lunch	Winding up, getting ready to go home
Day 20	Welcoming each child, checking personal cleanliness and free play	Prayer, yoga & exercise, free conversation and poem recitation: Revision of poems	Games: <i>UNCH NEECH</i>	Water/ Toilet Break	Building Blocks Story telling: <i>BANDER AUR MAGARMACHH</i> (Refer Booklet II page no. 16)	Lunch	Winding up, getting ready to go home

Additional Activities:

- Exposure with some helpers who are easily available.
- Role plays of different helpers like teachers, doctor etc.
- Discussing roles of helpers in free conversation with the children.

FESTIVALS AND NATIONAL DAYS CELEBRATION

Festivals like Holi, Diwali, Eid, Christmas etc. is every year celebrated with the children at Childcare Centre. Childcare Centre celebrates festivals in a very attractive way including all the important preparations and by providing proper background information to the related event. National Days are also celebrated with lot of joy and patriotism with the children.

BIRTHDAY CELEBRATION

The list of the birthdays is well displayed on the main notice board for the pre-planning birthday celebrations.

Annexure-I

Games

A. JUMP UPON ROPE

Children are called one by one to jump upon the rope without touching it. While jumping, the teacher kept motivating the children to try their best. Children who slow to learn should be given second chance. This game is helpful in kinaesthetic development of the children.

B. “HAIYAA” BY ROPE

The children are instructed to stand in a circle by holding the rope. The song “haiyaa...” is sung with full of gestures and actions. While singing the song, actions should be properly supervised so that children could understand the right way to perform with gestures.

C. GIVE AND TAKE

Self-made Song “lete jao dete jao.....”

The children are asked to stand in a circle by holding the rope in the hands. The children sang the song and are instructed to pass the rope with different gestures such as: with anger, smile etc.

D. TUG OF WAR

The children are divided into two groups. One child, from each group, is called and both the children stretch the rope and with full of their strength try to pull the child from the opposite group.

E. MUSICAL CHAIR

Keep chairs around in a circle with one chair less than the total children participate in the game. Make all children stand in a circle. The teacher plays the sounds and children will run around the chairs in the same direction. When the teacher stops the sound, children will sit down on the chair. The child who does not get a chair is considered out. Then remove another chair and continue in same manner until there is one chair between two children. The one who get the chair finally is declared winner.

F. STAPU-STAPU

Different shapes are drawn on the floor such as: square, triangle, circle then one by one, children are asked to throw a stapu into the shapes. Children should be motivated to perform well. Children can learn eye hand co-ordination.

G. HIT THE TARGET

Dumbles are arranged in a particular place and one by one, children are asked to hit the dumbles with the help of a ball. The children should be very well motivated to hit the maximum number of dumbles. The children who could not play properly can also be given a second chance. This game helps in enhancing the focussing power as well as eye hand coordination of the children.

H. THROW AND CATCH

This game is very effective in developing gross motor development, eye hand coordination and kinaesthetic development in children. For playing this game, anything like ball, ring etc. can be taken which could not harm the children.

I. TOUCH AND SPEAK

This type of game is very useful as it is theme based and can be moulded as per the theme changes. The environment can be easily used for the purpose. The game is helpful in cognitive development of the children.

J. HIDE AND SEEK

Hide and seek game is also very helpful in overall development of the children such as cognitive, physical, motor etc. the common environment of the childcare centre is used to hide.

K. STATUE

Statue is another entertaining game which is helpful in kinaesthetic development of the children. Children are set on dance with music and then, all of a sudden, they are instructed to become statue.

L. RING-A-ROSES

Children are asked to make a circle by holding hands of one another. The teacher sang a song “ring-a-ring-a-roses...” and children follow.

M. POSHAMPA

In this game two children are supposed to make a bridge like structure through their hands and rest children pass by from the bridge by singing the song.

N. TIPI-TIPI TOP

This game is helpful in identification of the colours so it also helps in cognitive development of the children.

O. UNCH NEECH

This game is also very entertaining for the children. Tables, chairs etc. can used in the game.

P. CRICKET

Cricket is a good exercise for both gross and fine motor development. Cricket set is available in the centre, initially the cricket stuff is introduced with its functions and then demonstration is also given by the teacher.

Q. BASKETBALL AND VOLLEY BALL

Basketball and volley ball kit are also available in the childcare centre. These games are also helpful in motor and kinaesthetic development of the children.

R. WALKING ON BRIDGE

Wooden long blocks are used in making walking bridge for the children. This bridge is helpful in developing body balance in children. Coordination in hand and body and weight balance can also be developed through this game.

S. BHAGO PAKDO ISKI DUM

In this game children sit in a circle, ribbon is tied in one of the child and another child runs behind him/her in the circle by singing “*bhago pakdo iski dum*”.

T. BAN TITLI

This game is a kind of action song in which children are divided into two groups; one group became butterflies and the other flowers. Some children became flowers and sit in the middle while the rest became butterflies and roam around the flowers by singing “*ban titli*” song with actions.